

**MARTIN COMMUNITY COLLEGE**  
**COURSE SYLLABUS**  
**Semester/Year: Fall 2011**

**COURSE NUMBER:** PTA 110 70

**INSTRUCTOR:** Jean Lambert, PhD, PT, Jamie Van  
Essendelft, PTA, Dawn Parker, PTA

**COURSE TITLE:** Introduction to Physical Therapy

**OFFICE NO:** Building 3, Room 45

**CREDIT HOURS:** 3

**OFFICE/VIRTUAL HOURS:** MW 12:30 – 2:00

**CONTACT HRS/WK:** 5 (2 class, 3 lab)

**PHONE NO:** 252-789-0272

**PREREQUISITES:** Enrollment in the Physical  
Therapist Assistant Program - ENG 090, MAT 070,  
RED 090

**FAX:** 252-792-0826

**COREQUISITES:** NONE

**E-MAIL:** [jlambert@martincc.edu](mailto:jlambert@martincc.edu),  
[jamiere@gotricounty.com](mailto:jamiere@gotricounty.com), [dparker@martincc.edu](mailto:dparker@martincc.edu)

**COURSE DESCRIPTION:** This course introduces the field of physical therapy including the history and standards of practice for the physical therapist assistant and basic treatment techniques. Emphasis is placed on ethical and legal considerations, universal precautions, vital signs, documentation, basic patient preparation and treatment skills, and architectural barrier screening. Upon completion, students should be able to explain the role of the physical therapist assistant and demonstrate competence in basic techniques of patient care.

**PROGRAM LEARNING OUTCOMES:**

1. Perform duties and patient care activities appropriate for a skilled PTA.
2. Apply the knowledge, skills, and techniques learned in the didactic courses to safe and effective patient care.
3. Recognize the needs of the patient, family and caregivers as well as document changes in the patient's condition and communicate these changes to the PT.
4. Effectively and accurately communicate information relevant to patient status, progress, and safety in the patient's record, to the supervising physical therapist and with the patient's health care team.
5. Demonstrate ethical, legal, safe, and professional conduct appropriate in a health care setting.

**COURSE LEARNING OUTCOMES:**

1. Identify the role of the physical therapist assistant and explain the ethical and legal considerations in the treatment of patients.
2. Demonstrate vital sign measurement techniques, universal precautions and aseptic techniques, basic patient draping, postural preparation, transfers, and the proper use of ambulatory assistive devices.
3. Implement proper understanding of documentation and the use of medical terminology to effectively document patient care and treatment.

**REQUIRED TEXTBOOKS:** (1) Minor, Mary Alice and Minor, Scott.(2010). Patient care skills (6<sup>th</sup> ed.). ISBN: 0-13-208234-9.

(2) Kettenback, Ginge. (2004). Writing soap notes with patient/client management formats (3<sup>rd</sup> ed.). Philadelphia: F.A. Davis. ISBN: 0-8036-0836-5.

(3) Chabner, Davi-Ellen. (2007). The language of medicine (8<sup>th</sup> ed.). St. Louis: Elsevier/Saunders. ISBN: 1-4160-3492-7.

(4) O'Sullivan, Susan and Schmitz, Thomas. (2007). Physical rehabilitation (5<sup>th</sup> ed.). Philadelphia: F.A Davis. ISBN: 0-8036-1247-8.

**SUPPLEMENTAL RESOURCRS:** None

**LEARNING/TEACHING METHODS:** Lecture, Hands-on Activities, Simulations, Individual Projects, Outside Reading Assignments

**ASSESSMENTS/METHODS OF EVALUATION:**

1. Quizzes and Outside Reading Assignments 10%
2. SOAP Notes 10%
3. Written Exams 50%
4. Practical Exams 30%

**GRADING POLICY:**

- A 93-100
- B 85-92
- C 84-77
- D 70-76
- F below 69

All objectives in this course are measured by written and practical exams with an acceptable score being no less than 77%.

**COURSE OUTLINE:**

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|----------------|--|
| Week One:      | Healthcare and the PT Profession: Chapter 1<br>Medical Terminology: Chapter 1                        |
| Week Two:      | Documentation and SOAP Notes: Appendix A<br>Vital Signs: Chapter 4                                   |
| Week Three:    | Medical Terminology: Chapter 2<br>Patient Client Management: Chapter 1<br>APTA Regulations: Handouts |
| Week Four:     | Body Mechanics: Handouts<br>Posture: Handouts  |
| Week Five:     | Turning and Positioning: Chapter 5   |
| Week Six:      | Wheelchairs: Chapter 7   |
| Week Seven:    | Transfers: Chapter 8   |
| Week Eight:    | Documentation and SOAP Notes: Overview of Entire Book  |
| Week Nine:     | Medical Terminology: Chapter 3   |
| Week Ten:      | Ambulation and Assistive Devices: Chapter 9  |
| Week Eleven:   | Continue Ambulation and Assistive Devices: Chapter 9<br>Medical Terminology: Chapter 4               |
| Week Twelve:   | Aseptic Technique: Chapter 4   |
| Week Thirteen: | Continue Aseptic Technique: Chapter 4  |
| Week Fourteen: | Musculoskeletal Terminology: Chapter 15  |
| Week Fifteen:  | Americans with Disabilities Act: Chapter 10<br>Environmental Assessment: Chapter 10                  |

**STUDENT ATTENDANCE POLICY:**

The College has a specific absence policy for all courses, which states that students are expected to attend a minimum of 80% of the total hours of the course, which includes classes, labs, and shops. Students must be

present at least one class during the first 10% of a course in order to be considered enrolled in the class. If a student has not attended at least one class by the 10% census date, the instructor will administratively withdraw the student. This program abides by the MCC policy. When an absence is unavoidable in a program course, the student is to notify the class instructor by telephone prior to the scheduled class time as to the reason for the absence. Upon return, the student is to meet personally with that instructor to discuss the class(es) missed and identify make-up work. This is the student's responsibility and must be done in a timely manner. Attendance will be taken at seated class meetings.

Experience has shown that a person with frequent absences or tardy arrivals as a student demonstrates this same behavior as a worker. A potential employer usually inquires as to the student's behavior in regard to absences or tardiness as it reflects a possible problem as a worker. In a physical therapy department, workers depend on each other to be present and on time to get the work done without imposing a hardship or overload on others. The PTA Program is preparing you to be employed in physical therapy departments. We want you to be dependable and reliable as employees, thus as students.

In compliance with G.S. 115D-5, MCC policy permits a student to be excused, with the opportunity to make-up any test or other missed work, a minimum of two excused absences per academic year for religious observances required by the student's faith. The policy limits the excused absences to a maximum of two days per academic year.

Students who wish to be excused for a Religious Observance required by their faith must complete and submit a request form to the instructor(s) prior to the census date of each class. ***The Request for Excused Absences for Religious Observances*** form can be picked up from Student Services. This does not supersede the college-wide attendance policy as outlined in the college catalog or syllabus, with the exception of a reasonable accommodation for the make-up of missed course work.

#### **COURSE POLICIES:**

**Make-up Policy:** Make-up exams are allowed at the discretion of the instructor. Contact the instructor BEFORE the exam. Exams will be taken on the first day you return to class following an EXCUSED absence. Assignments are due on the date assigned. A letter grade will be deducted for each day that an assignment is late. There will be NO make-up quizzes.

**Ethical Violation:** Any student found cheating on an exam will receive a "F" for the course, and be dismissed from the program.

**Plagiarism:** Any student caught plagiarizing a paper will receive a zero for the assignment and possible disciplinary action.

**Cell Phones:** Cell phones must be kept on silent or vibrate during class. There is to be NO texting during class, and if you MUST answer your phone, you should excuse yourself from the class quietly.

**If you cannot reach your instructor, you may contact the Dean of Academic Affairs and Student Services at 252-789-0246.**

***If you have a need for a disability-related accommodation, please notify the Student Services counselor at 252-789-0293.***